

# Donate to a Food Pantry!!

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West Valley Food Pantry,  
Woodland Hills, CA

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5700 Rudnick Avenue  
Woodland Hills, CA 91367  
(818) 346-5554  
<http://www.westvalleyfoodpantry.org>

We find that as we garden, we regularly grow more than we can use or give away to our friends and neighbors. What to do? After asking around, we located a local Food Pantry. The food pantry serves 11 communities near Los Angeles. The average client of our food pantry receives enough food for about 3 days, but can only receive food once each month. The Food Pantry provides for about 50 clients a day, 5 days a week or about 1100 bags of food a month. The food pantry sources about \$10,000 worth of food a month using, donations, coupons and bulk discounts. Additionally, food is donated from commercial businesses such as grocery stores and restaurants. One group of items that is not readily available from donations is fresh fruits and vegetables!! What seems like a small donation from us to the food pantry, is much appreciated when we are able to donate. We normally bring between 20 and 100 lbs of produce when we donate. So far, we have donated, Swiss Chard, Mustard

Greens, Collard Greens, Kale, Onions, Squash, and Cucumbers. The Volunteers at the food pantry divide what we bring into small “bunches” that they include in as many bags of groceries as they can. This small effort allows a lucky few to enjoy the fresh vegetables we donate.

If you have extra produce, take the time to locate a local food bank and see what opportunities there are for you to donate!



Swiss Chard ready for donation